

HOW CHILDREN SIGNAL FOR HELP

The instinct inside of them wants to find a connection, but they can't feel you and they can't think. When you see one of these signals, move toward their tension with warm Limits and Listening.

BROKEN COOKIE EFFECT

The corner falls off a cookie and the protests, tears and howling begins. Any little thing triggers big stored feelings. Remember, it's all about the feelings. It's never really about the cookie..



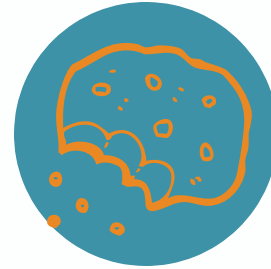
WITHDRAWAL

That's a signal that says, "I can't think. I have no initiative. I feel powerless. Here I am going to sit until you figure it out."



"STOP ME" SIGNAL

They look at you. You look at them. And then they do something that you have very specifically told them not to do.



THE SPOILED OUTING

Things are going well. You are paying attention. Some little thing happens that brings about huge feelings. Your attention invites your child's limbic system to dump some feelings and heal.



AGGRESSION

Any time your child lashes out, you have a child who is scared.

Aggression is a sign that a child is frightened on the inside and doesn't feel safe enough to tell anyone about it

