

8 WAYS TO MAKE POTTY TRAINING PLAYFUL

De-strees Your Potty Process



8 WAYS TO PLAY ON THE POTTY

Get some laughter going around potty training with these 8 ideas. For Playlistening to work, the parent takes a less powerful role than the child. For instance, you can, with a wink and a bit of sparkle, suddenly be “afraid” of even going in the bathroom. Many ideas here work like that.

Some of these clearly **aren't** experiments to try while visiting Grandma, but in the privacy of your home, watch to see what kind of play brings laughter, and then do more of it, Laughter de-stresses and lifts fears! Have fun!



Monkey Peed on Me

Grab your child's stuffed toy and pretend he peed on you! Scream in disgust...watch for laughter and your child joining in make toys pee on you.



Shoot the Pea

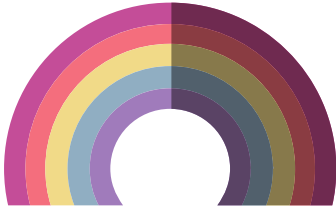
Put frozen peas or breakfast cereal in the potty or toilet bowl and aim to shoot it with your pee. You can show your child "how to play" first. A great one for dads to get involved with!



Did You Hear a Tinkle?

Replace the words of a favorite song and sing it on the way or on the potty. "Tinkle, tinkle, litte pee," is good, or “Do you hear a tinkle, tinkle tinkle do you hear a tinkle of the pee?” You can sub in other "pee noises".

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Color Parade

Squirt some food coloring or water color into the potty and then pee on it. See how it changes before and after.



Sneaky Poop..

Respond lightly to accidents by looking mystified whenever a "sneaky poop" creeps into underwear. Ask if it flew in, swam in, check the doors or letter box. And have your child chime in about where to put the sneaky poop.



Funny Noises

Have your kid tell you what noises you should make when you pee or poo and ham it up! Opera when peeing? Traaa laa laa....



Me. No. Potty

Give your fingers a voice, and make it mad at the potty. Walk your fingers over to the empty potty and flip it over, say "Me no potty." Keep it up as long as your child is laughing. If they "hate" the potty, they'll probably join in!



Do the Silly Toilet Shuffle

Bust out your silliest moves and dance to the bathroom. Make up a few song lyrics to match: "Gotta skip to the beat and beat the pee, gotta make the toilet - dance with me." Then when you make it, pause and give the most grateful sigh ever.